

Does God change His mind?

Romans 11:29 says, “For the gifts and calling of God are without repentance.”

My understanding here is God has gifted us and Called us to ministry in some area. He will not change his mind about that. However, there is evidence in scripture where the Lord will change his mind and it was done as a result of prayer. (**John 15:16**)

- 1) Moses - Ex 32:7-24
- 2) Abraham- Gen 18;20-33
- 3) Jonah- Jonah 3:1-10
- 4) Hezekiah II Kings 20-1-6

Prayer Guidelines and Rules

- 1) Make sure you pray pertinent prayers.** *Elaborate***
- 2) Prepare yourself before you pray- this goes for any ministry, no matter the duration.
- 3) Stick to the time that is given and any other specific request made by Leadership. ***Your time will come to follow what's in your heart***
- 4) At least wear semiformal attire when you are up before the people leading Prayer. No rollers, flip-flops, shirts with skeleton or devil pictures or anything inappropriate. Remember you are approaching God's majestic Presence.

- 5) Have a cheerful countenance and if you can't, let someone else pray.
- 6) Make sure your heart is clean when you pray, repent of any sin, holding unforgiveness, offence against leadership or not tithing.
- 7) When on-site of another church - Pray for that leadership; have a humble and kind spirit, be prayed up. Never go in trying to prove your overall praying ability. Just do what you are asked to do with a spirit of excellence. Prepare yourself adequately before your meeting. Make sure your hygiene is right and dress appropriately. Stay out of conversations that you have no wisdom, experience or intelligence about. Thank the leader for the opportunity to serve.

Have each student to pray a prayer in front of the class

Some situation will require Prayer and Fasting

Matt 17:14-26 kj ¹⁴ And when they were come to the multitude, there came to him a certain man, kneeling down to him, and saying,¹⁵ Lord, have mercy on my son: for he is lunatick, and sore vexed: for ofttimes he falleth into the fire, and oft into the water.¹⁶ And I brought him to thy disciples, and they could not cure him.

¹⁷ Then Jesus answered and said, O faithless and perverse generation, how long shall I be with you? how long shall I suffer you? bring him hither to me.¹⁸ And Jesus rebuked the devil; and he departed out of him: and the child was cured from that very hour.

¹⁹ Then came the disciples to Jesus apart, and said, Why could not we cast him out?

²⁰ And Jesus said unto them, Because of your unbelief: for verily I say unto you, If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible unto you.²¹ Howbeit this kind goeth not out but by prayer and fasting.

Associated Scriptures: Daniel 1:12, 9:3, 10:2,3 ; Is 58; Ester 4:16

Benefits of Fasting:

- 1) Fasting bring you closer to God.
- 2) Fasting make you more sensitive to God's Love and Voice.
- 3) Fasting helps break bad habits or even additions.
- 4) Fasting shows us our weaknesses and allows us to rely on God's strength.
- 5) Fasting relieves anxiety and nervousness.
- 6) Fasting can increase peace of mind and spirit.
- 7) fasting clears your mind of negative and evil thoughts.
- 8) Fasting decrease brain fog.
- 9) Fasting helps increase our ability to trust God.
- 10) Fasting clears out toxins that can make you feel sluggish and depressed.
- 11) Fasting can help break the addition of sugar.
- 12) Fasting support healthy weight loss.

- 13) Fasting improves healthy skin.
- 14) Fasting improves healthy digestion and elimination.
- 15) Fasting helps healthy hormonal balance.
- 16) Fasting helps you be able to clearly receive confirmation about major decisions.

Special Notes::

****Make sure you never stop taking your meds unless strictly given by Doctors Orders**.**

- 1) Make sure you **contact your Doctor** before going on any fast especially Fast that last longer than one day.
- 2) Start with fasting a meal a day, then 2 meals until you can get use to them. Then you can go to 1 day fasting with water, vegetables and fruits or without anything to eat.
- 3) You don't have to fast 40 days just because other people have done it. This type of fast is very very serious and you will need much counseling, preparation, wisdom, professional advice and experience.
- 4) You can Fast TV, Media, Sweets etc.
- 5) While you are Fasting read your bible, listen to Christian Music, prayer walk, focus on God, being quiet in God's Presence, staying away from any form of entertainment. Remember your focus must stay on God and what your purpose for this Fast. This is your special time in seeking the Lord.