

6) When we begin to develop our character traits, then we begin to love positive daily results of our lives and therefore love ourselves. This is where respect for others will come naturally because we have finally learned to love and respect ourselves.

**RESPECT'**, *meaning* to esteem as possessed of real worth. an act of giving particular : **CONSIDERATION**, appreciation, high or special regard : to **ESTEEM**, **ADMIRE**, to recognize the worth of a person. To usually suggest enthusiastic appreciation and often deep affection for yourself and others, set a high value upon yourself. (But the way I have treated myself and others is horrible)

**Sin destroys divine character- since we now live in a world where people don't know right from wrong. Sin somehow has actually become a community and national subject of public debate and opinion.**

**Sin** means "to miss the mark." The mark, in this case, is the standard of perfection established by God and evidenced by Jesus .When we sin we primarily sin against God, not people. We sin because we primarily break God's Law and dishonor his holy standard..

After King David had sinned with Bethsheba – this was his response once he was confronted; **Ps 50: 1-4** Have mercy upon me, O God, according to thy lovingkindness: according unto the multitude of thy tender mercies blot out my transgressions.<sup>2</sup> Wash me thoroughly from mine iniquity, and cleanse me from my sin.<sup>3</sup> For I acknowledge my transgressions: and my sin is ever before me.<sup>4</sup> Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest.

## Love Yourself

**1)** Today is a new day. When you feel depleted, bored emotionally drained, disappointed, engage in doing things that calm you, make you smile, be fulfilled, and happy. Do things you enjoy. Reading , Fishing, listening your songs, hobbies, and talking to friends. Treat yourself to something great, a vacation, catch up on your rest and go to sleep. It would be good for your soul to serve humanity, go for walks in the parks , feed ducks, write stories, travel more, go to movie, enjoy photography, watch a good game, go shopping, go riding, hiking, browsing through a book store, outdoor sales, go swimming, running, flying kits, museums, zoo, city aquariums, hunting , enjoy a circus , an amusement park, let the kid out, of you, enjoy board games, puzzles, cooking, baking, sewing, etc. Chose to be happy and treat yourself right. More than everything, forgive yourself, forget the past and be full of mercy for you.

**2)** No one is born perfect and as long as we are in this human vessel we are to strive for perfection.

**3)** Remember every day you wake up is another day to start all over again.

**4)** One of our greatest needs as human beings is to be loved. We all need love. We need to know that we are important to somebody, that somebody truly cares about us, wants us, and accepts us unconditionally. When we doubt that we are loved, we may develop unacceptable behavior patterns to compensate for it.

**5) Know that you are loved unconditionally** - God's love for you will never start with you or end with you- He simply loves you and will never ever stop. Nothing you and I can ever do that would cause God to stop loving you.

## **God's Love is Life-Changing**

Most of us, long to be loving people. We are well able to provide an abundance of love to our spouses, our children, our fellow believers, and unsaved acquaintances. We are also equipped, by God grace, to give Eternal Love to our God. However, we find it so difficult. It is nearly impossible for us to love others unless we are genuinely convinced that we ourselves are loved.

Some of us are hard, callused, insensitive, and unloving people because we are not convinced we are really loved. We are saying unconsciously, "Why should I be loving to others when nobody shows me any love?" God's love can change that.

We can find all the acceptance and affection we crave in Him; then with the confidence that we ourselves are loved, we can extend love to others. "We love," says the Apostle John, "because He first loved us" (1 John 4:19).

**Jeremiah 31:3** The LORD appeared to him from afar, saying, I have loved you with an everlasting love; Therefore I have drawn you with lovingkindness.

That everlasting love reaches into eternity past. He knew us and loved us before He made us, when we were but a thought in His mind. And He will love us for eternity to come, for, as Paul assured us, nothing shall be able to separate us from the love of God (Romans 8:39).

## **How can we ever exhaust the love of God?**

**1)** The love of an infinite God must be **(infinite love) wow**. Paul called it a love that “surpasses knowledge” (**Ephesians 3:19**), far greater than our finite minds can grasp.

**2)** He also called it a “**great love**” (**Ephesians 2:4**).

**3)** He referred to its breadth, its length, its depth, and its height (**Ephesians 3:18**), but it is obvious that he was speaking of dimensions that defy measurement: breadth and length which encompass the whole world, a depth which reaches to the lowest sinner, a height which exalts us to the loftiest Heaven. ***God’s love has no limit.***

**\*\*Love and obedience consistently go together in Scripture\*\*:** “For this is the love of God, that we keep His commandments; and His commandments are not burdensome” (**1 John 5:3; John 14:15; 15:10**).

**Very Key::**

**Phil 1:6** God is working on us until Jesus comes back, therefore it will take a life time to perfect the many character traits. Remember they will be used by you for all eternity. **\*\*By the way before you marry anyone, get them to promise to commit to always better their character for the rest of their lives>**

## Character Traits List: Sorted By Synonyms

**Nice**, helpful, friendly, kindhearted, compassionate, pleasant, thoughtful, agreeable, courteous and smiley. **Be Happy**, cheerful, joyful, excited, satisfied, content, delighted, pleased, glad, **Endeavor to be wise, smart**, bright, skillful, brainy, supportive, **Brave**, daring, adventurous, heroic, **Funny**, amusing, hysterical, humorous, comical, hilariously, **Thankful**, appreciative, grateful, **Active**, athletic, energetic, **Talkative**, communicative.

Accessible, Active, Adaptable, **Admirable**, Adventurous, Agreeable, Alert, Amiable, Appreciative, Articulate, Aspiring, Athletic, Attractive, Balanced, Benevolent, Brilliant, Calm, Capable, Captivating, Caring, Challenging, Charming, Cheerful, Clean, Clear-headed, Clever, Colorful, **Compassionate**, Confident, Considerate, Constant, Cooperative, Courageous, Courteous, Creative, Cultured, Debonair, Decent, Decisive, Dedicated, Dignified, Disciplined, Discreet, Dutiful, Dynamic, Educated, Efficient, Elegant, Eloquent, **Excellent**, Empathetic, Energetic, Enthusiastic, Exciting, Extraordinary, Fair, Faithful, Firm, **Flexible**, Focused, Forgiving, Friendly, Fun-loving, Generous, Gentle, Genuine, Good-natured, Gracious, Hardworking, Healthy, Hearty, Helpful, Honest, Honorable, Humble, Humorous, Imaginative, Impressive, **Incorruptible**, Independent, Innovative, Inoffensive, Insightful, Intelligent, Intuitive, Kind, Leaderly, Leisurely, Logical, Lovable, Loyal, Mature, Multi-leveled, Neat, Non-authoritarian, Objective, Observant, Open, Optimistic, Orderly, Organized, Passionate, Patient, Patriotic, Peaceful, Perceptive, Persistent, Persuasive, Planful,

**Playful**, Polished, Practical, **Principled**, **Professional**, Protective, Punctual, Purposeful, Rational, Realistic, Relaxed, Reliable, **Resilient**, Resourceful, Respectful, Responsible, Romantic, Sage, Scholarly, Sensitive, Sentimental, Serious, Sharing, Skillful, Sober, **Sociable**, Solid,

Sophisticated, Spontaneous, Sporting, Stable, Steadfast, Strong, Studious, Sweet, Sympathetic, Systematic, Tasteful, Thorough, Tidy, Tolerant, Trusting, Uncomplaining, Understanding, Upright, Warm, Well-rounded, Winning, Wise, Witty, and Youthful.

**Work on eliminating all traces of these negative Traits**

Abrasive, Abrupt, Agonizing, Aimless, Airy, Aloof, Angry, Anxious, Apathetic, Argumentative, Arrogant Artificial, Asocial, Barbaric, Blunt, Brutal, Careless, Childish, Clumsy, Coarse, Cold, Complacent, Complaintive, Compulsive, Conceited, Contemptible, Cowardly, Criminal, Critical, Cruel, Cynical, Deceitful, Delicate, Demanding, Dependent, Desperate, Destructive, Devious,

Difficult, Dirty, Discontented, Discouraging, Discourteous, Dishonest, Disloyal, Disobedient, Disorderly, Disorganized, Disrespectful, Disruptive, Disturbing, Dogmatic, Domineering, Dull, Easily Discouraged, Egocentric, Envious, Extreme, Faithless, Fickle, Forgetful, Frightening, Gloomy, Graceless, Greedy, Gullible, Hateful, Haughty, Hesitant, Impatient, Impractical, Inconsiderate, Indecisive, Insecure, Insensitive, Insincere, Insulting, Intolerant, Irresponsible, Irritable, Lazy, Mannerless, Messy, Miserable, Misguided, Mistaken, Money-minded, Moody, Naïve, Narrow-minded, Negativistic, Neglectful, Obnoxious, Obsessive, Odd, Opinionated, Paranoid, Passive, Perverse, Petty, Possessive, Power-hungry, Prejudiced, Presumptuous, Procrastinating, Provocative, Reactionary, Resentful, Ridiculous, Rigid, Ritualistic, Rowdy, Scheming, Scornful Secretive, Selfish, Self-indulgent, Shallow, Shortsighted, Sloppy, Slow,

Small-thinking, Stiff, Strong-willed, Superficial, Superstitious, Tactless, Tense, Unappreciative, Uncaring, Uncharitable, Uncooperative, Uncreative, Undisciplined, Unfriendly, Ungrateful, Unhealthy, Unimpressive, Unlovable, Unpolished, Unprincipled, Unrealistic, Unreflective, Unreliable, Unrestrained, Unstable, Vague, Venomous, and Vindictive.